



# Inspiring Service

## ***Wiseheart Personal Leadership.***

Developing emotional intelligence skills to improve your confidence and impact on others.

Wiseheart help people improve HOW they do what they do.

HOW you do things matters. It makes the difference. Developing self-awareness and emotional intelligence skill is what enables confidence, motivation and energy to lead. This is the territory for a new generation of leaders.

**Our experience:** We've led businesses at CEO level and delivered bespoke transformational programmes for blue chip companies that work with leaders in unique ways.

**Our successful track record** comes from combining the latest emotional intelligence techniques with a pragmatic and experienced eye on what is good for business. People in business respond to this approach; it stimulates their own awareness and emotional intelligence, it feels real and is sustained because it is as much about life as about business.

### **Personal Leadership *programmes for new & developing leaders at all levels***

- ① **Self audit & team 360 on current leadership impact on others.**
- ② **Personal Leadership workshop:** Tailored to your business with new awareness & skills, including powerful Attitude skills, to help lead & motivate themselves and their people.
- ③ **Sustainability activity:** Learning reviews to embed new skills & evaluation to measure & sustain new behaviours. Further 1:1 coaching where needed.

### **Why do this?**

- To develop your potential and existing talent into leaders fit to meet today's challenges.
- To help your Leaders understand what makes people tick and how to motivate.
- You've tried "behaviour change" training in the past & it didn't work or get sustained.
- 100% of delegates in a Tesco programme (2009) recommended the course.
- We are pragmatic, flexible & offer programmes which are good value.

### **Contact:**

**To discuss options for your bespoke programme or to arrange a meeting:**  
[richard@wiseheart.co.uk](mailto:richard@wiseheart.co.uk) or call Richard +44(0)7764856526 or [www.wiseheart.co.uk](http://www.wiseheart.co.uk)

***"Simply the best course in my 20 years at Tesco"***  
*Dan; Tesco Senior manager*

***"I have more confidence in what I'm saying and I am clearer & concise, taking people with me is proving easier than before"***  
*Jamie; Tesco Property project manager*